



MICHIGAN  
INTERNATIONAL  
PREP SCHOOL

# Michigan International Prep School

Grades 6-12  
Fall 2025



# Summary

Topic Description	Results	Benchmark
<b>Challenging Feelings</b>  How frequently students feel challenging emotions, with higher scores indicating less frequent challenging emotions.	<b>55%</b>  ▲ 5 since last survey	60th - 79th percentile compared to others nationally
<b>Emotion Regulation</b>  How well students regulate their emotions.	<b>48%</b>  ▲ 2 since last survey	60th - 79th percentile compared to others nationally
<b>Social Awareness</b>  How well students consider the perspectives of others and empathize with them.	<b>58%</b>  ▲ 1 since last survey	40th - 59th percentile compared to others nationally
<b>Supportive Relationships</b>  How supported students feel through their relationships with friends, family, and adults at school.	<b>76%</b>  0 since last survey	0th - 19th percentile compared to others nationally

540 responses



## Challenging Feelings

Your average

**55%**

540 responses

Change

**▲ 5**

since last survey

How did people respond? \_\_\_\_\_

**Q.1: During the past week, how often did you feel angry?**

Almost never	19%	 100
Once in a while	32%	 174
Sometimes	31%	 165
Frequently	16%	 84
Almost always	3%	 16

Favorable: **51%****Q.2: During the past week, how often did you feel lonely?**

Almost never	35%	 185
Once in a while	22%	 117
Sometimes	22%	 116
Frequently	15%	 82
Almost always	7%	 35

Favorable: **56%****Q.3: During the past week, how often did you feel sad?**

Almost never	27%	 147
Once in a while	28%	 149
Sometimes	26%	 139
Frequently	14%	 73
Almost always	5%	 27

Favorable: **55%****Q.4: During the past week, how often did you feel worried?**

Almost never	18%	 99
Once in a while	25%	 136
Sometimes	29%	 157
Frequently	20%	 105
Almost always	8%	 41

Favorable: **44%****Q.5: During the past week, how often did you feel frustrated?**

Almost never	10%	 55
Once in a while	26%	 141
Sometimes	33%	 178
Frequently	23%	 122
Almost always	8%	 41

Favorable: **70%**



## Emotion Regulation

Your average

**48%**

540 responses

Change

**▲ 2**

since last survey

How did people respond? \_\_\_\_\_

**Q.1: How often are you able to pull yourself out of a bad mood?**

Almost always	15%	78
A lot of the time	30%	160
Sometimes	36%	193
Once in a while	16%	86
Almost never	4%	20

Favorable: **44%****Q.2: How often are you able to control your emotions when you need to?**

Almost always	18%	97
A lot of the time	39%	208
Sometimes	29%	158
Once in a while	11%	58
Almost never	3%	16

Favorable: **57%****Q.3: When you get upset, how often can you get yourself to relax?**

Almost always	15%	82
A lot of the time	34%	184
Sometimes	32%	172
Once in a while	14%	74
Almost never	4%	22

Favorable: **50%****Q.4: When things go wrong for you, how calm are you able to stay?**

Extremely calm	9%	48
Very calm	30%	162
Somewhat calm	42%	224
A little calm	16%	85
Not calm at all	3%	15

Favorable: **39%****Q.5: When you get upset, how often do you stop to think before you act?**

Almost always	12%	63
A lot of the time	37%	196
Sometimes	34%	183
Once in a while	13%	68
Almost never	5%	26

Favorable: **48%**



## Social Awareness

Your average

**58%**

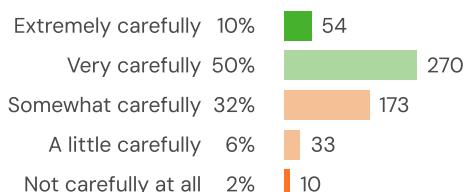
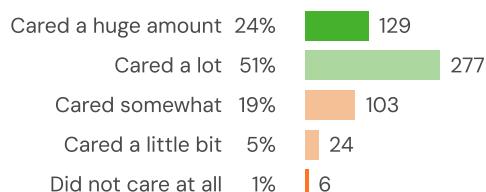
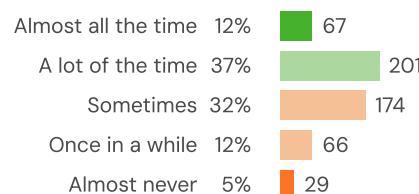
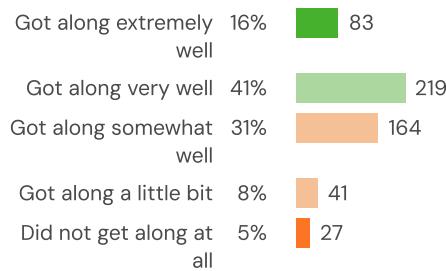
540 responses

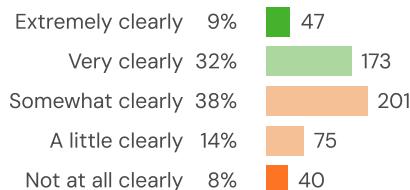
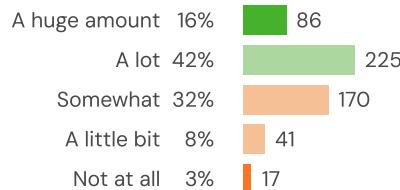
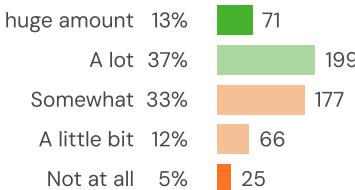
Change

1

since last survey

How did people respond? \_\_\_\_\_

**Q.1: During the past two weeks, how carefully did you listen to other people's opinions?**Favorable: **60%****Q.2: During the past two weeks, how much did you care about other people's feelings?**Favorable: **75%****Q.3: During the past two weeks, how often did you compliment others' accomplishments?**Favorable: **50%****Q.4: During the past two weeks, how well did you get along with students who are different from you?**Favorable: **57%**

**Q.5: During the past two weeks, how clearly were you able to describe your feelings?**Favorable: **41%****Q.6: During the past two weeks, when others did not agree with you, how respectful were you of their opinions?**Favorable: **69%****Q.7: During the past two weeks, how much were you able to stand up for yourself without putting others down?**Favorable: **58%****Q.8: During the past two weeks, how much were you able to disagree with others without starting an argument?**Favorable: **50%**



## Supportive Relationships

Your average

**76%**

540 responses

Change

**0**

since last survey

How did people respond? \_\_\_\_\_

**Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?**

Yes	85%	 457
No	15%	 79

Favorable: **85%****Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?**

Yes	91%	 490
No	9%	 47

Favorable: **91%****Q.3: Do you have a friend from school who you can count on to help you, no matter what?**

Yes	57%	 307
No	43%	 231

Favorable: **57%****Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?**

Yes	70%	 374
No	30%	 159

Favorable: **70%****Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?**

Yes	90%	 484
No	10%	 53

Favorable: **90%****Q.6: Do you have a friend from school who you can be completely yourself around?**

Yes	62%	 331
No	38%	 202

Favorable: **62%**